PROTECT YOUR FAMILY PROTECT YOUR COMMUNITY

Against the Ebola Virus Disease







Always Wash your hands with soap and clean water



Do not touch people with signs of or have died of Ebola



Always cook your food properly



Do not touch clothes & bed cloths of people Who have died of Ebola



Go to the Health
Facility anytime you
have headache, Pain
Diarrhea, red eyes
rash and vomiting



Do not touch vomit,
Saliva, Urine, blood and
poo poo of people who have
signs and symptoms of Ebola



Do not play with Monkeys and Baboons



Tell anyone you meet about Ebola so they can be informed



Do not eat bush meat



Call these numbers if you need help_for help :

0886229641 0886397381 0776547437 1333 (Lonestar) 4455 (Cellcom)



Do not eat plums eaten by bats

Let's stop the spread of Ebola Together











EBOLA VIRUS



WHAT IS EBOLA AND HOW DOES IT SPREAD?

- Ebola is caused by a virus
- No vaccine, and no treatment are available
- Causes severe illness, with bleeding
- Highly contagious; many people can quickly become infected
- Up to 90% of the infected will die



- Sick people can spread the disease to others
- Peopple in direct contact with sick people are at highest risk:
 - Family members
 - Healthcare workers





- Contact with dead bodies can cause infection. BE CAREFUL (Bury carefully, keep away)
- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body

WHAT ARE THE SYMPTONS OF EBOLA?

Symtons can start within 2 days of contact with an infected person or body

Early Symptoms

Late Symptoms





Nausea

Headache

Tiredness

Vomiting May contain blood

Diarrhoea Coughing Bleeding



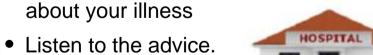


PREVENTION OF EBOLA AND WHAT TO DO IF YOU GET SICK



- You can catch EBOLA from someone who is sick or dead
- Wash your hands regularly use soap!
- DO NOT touch an infected person or their body fluids, including blood, vomit faeces, urine
- DO NOT touch or eat "bush meat" and don't eat bats





- You may be sent to a special hospital
- Keep away from others so they don't get sick
- Be especially careful of your vomit and diarrhoea

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actionaid Liberia

EBOLA RESPONSE